



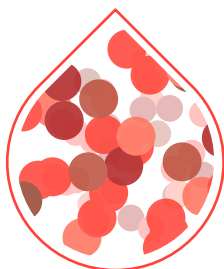
# Apheresis Donation

This quick reference guide will help you identify the best donation for your unique blood type.

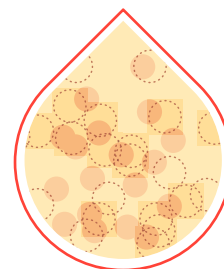
Donors now have the opportunity to make an apheresis (ay-fur-ee-sis) donation and donate just platelets, red cells, or plasma at blood drives. These individual components are vital for local patients in need.



**Platelets** Control Bleeding



**Red Cells** Deliver Oxygen



**Plasma** transports blood cells & controls bleeding

Donation Type	Blood Types	Requirements	Donation Time
<b>Platelet Donation:</b> cancer & surgery patients	<b>A+, B+, O+</b> Over 75% of population has one of these blood types.  Platelets only last five days after donation so the need is constant.	Be healthy, weigh at least 114 lbs no aspirin for 48 hours	2 hours
<b>Double Red:</b> surgery, trauma patients, accident, & burn victims	<b>O-, O+, A-, B-</b> O-Negative is the <b>universal red cell donor.</b>  Only 17% of population has one of these negative blood types	Special height, weight, and hematocrit requirements. Please call us or see a staff member	1 hour +25 min
<b>Plasma:</b> Trauma patients, burn victims, & patients with serious illness or injuries	<b>AB+, AB-</b> <b>Universal Plasma Donors</b>  Only 4% of population	Be healthy, weigh at least 114 lbs	1 hour +30 min

**How Apheresis works:** Blood is drawn from the donor's arm and the components are separated. Only the components being donated are collected while the remaining components are safely returned to the donor

**How to Schedule an Appointment:** Please call **800-398-7888** or visit [schedule.bloodworksnw.org](http://schedule.bloodworksnw.org). Walk-ins are also welcome at some blood drives, so be sure to ask our staff when you stop in.

For more information on our mobile apheresis program, please visit [www.bloodworksnw.org/mobileplatelets](http://www.bloodworksnw.org/mobileplatelets)